

Health Advice

Are amalgam fillings containing mercury safe?

- Dental amalgam has been used for over 100 years with few problems
- Amalgam fillings release extremely low levels of mercury vapour during removal and placement fillings
- Very few people are affected by such low levels of mercury vapour

Expert Opinions

- The World Health Organisation says "There is no safe level of mercury vapour"
- The British Dental Association says "The present evidence would not appear to demonstrate that amalgam restorations are hazardous to health... ..but further research is needed"